



Anti-Doping Regulations

The WADA Code aims to harmonize anti-doping rules and regulation across all sports in all countries. The WRL's Anti-Doping Regulations are fully WADA Code Compliant.

The following are Anti-Doping Rule Violations under the WADA Anti-Doping Regulations:

1. The presence of a prohibited substance in a player's bodily sample
2. Use or attempted use of a prohibited substance or a prohibited method
3. Refusing to comply with a request to provide a sample or otherwise evading sample collection
4. Failure to provide required whereabouts information and missed tests
5. Tampering or attempting to tamper with any part of the doping control process
6. Possession of prohibited substances and methods
7. Trafficking of prohibited substances or methods
8. Administration or attempted administration of a prohibited substance or prohibited method to any player, or assisting, encouraging, aiding, abetting, covering up or any other type of complicity involving an anti-doping rule violation.
9. **Complicity** – which means involvement in an ADRV committed by another person, such as helping to cover up an ADRV or helping a player avoid detection. Sanctions for Complicity are likely to be the same as the sanction for the ADRV that person was complicit in.
10. **Prohibited Association** – which means associating with a person, for example a coach or Doctor, who has been found guilty of a criminal or disciplinary offence equivalent to a doping



offence, for example providing banned substances. The sanction for Prohibited Association is up to a 2-year ban.

11. Prevent Whistleblowing – Acts by an Athlete or Other Person to Discourage or Retaliate Against Reporting to Authorities

The current Anti-Doping Regulations can be found at

<https://www.ukad.org.uk/about/anti-doping-rules>

For further information

<https://wrl.wales/clean-sport>

It is essential that all players check medication that they are prescribed to check whether or not it is a Prohibited Substance.

<https://www.globaldro.com/Home>

If it is a Prohibited Substance then the player will need to apply for a TUE before taking the medication – See more at:

<https://www.ukad.org.uk/tue-wizard>

The WRL has taken every care to ensure that the content of this website is current and correct and it has been produced in good faith. However, the WRL cannot guarantee the correctness and completeness of the content and no responsibility is taken for any omissions or errors. Anyone using this information is strongly recommended to ensure that they are fully aware of the WRL Anti-Doping Regulations and the WADA Prohibited List before embarking on any course of action. The information on these pages is only a short guide to the information available and does not constitute business, medical or other professional advice.

– See more at:

<https://wrl.wales/clean-sport>